



## **Realtennis Network – Podcast Episode 004 Interview With Tennis Legend Roy Emerson Go to: [realtennisnetwork.com/004](http://realtennisnetwork.com/004)**

**Roy Emerson Bio:** [CLICK HERE](#)

Roy has 28 major titles to his name. When Pete Sampras broke the record for most major wins in singles with 13 he broke Roy's 3 year record!

His 12 Major singles titles broken down are, 6 Australian, 2 French, 2 Wimbledon and 2 US Open titles. And he held this for 33 years.

He has 16 major doubles titles to his name as well which include: 6 French, 4 US Open, 3 Wimbledon and 3 Australian Opens.

**Key Points from Interview with Roy Emerson (listen to the podcast or check out the video):**

1. Practice makes perfect.
2. Game is much faster today which makes it more difficult to serve and volley
3. Get in Shape!
4. Quality practice over Quantity
5. Learn an all court game. Easier to adjust to different styles of play.
6. Play a lot of sets!

**Questions from Our listeners (more details in podcast):**

**Rebecca: “ My serve is good in practice, but starts to fold in matches. What can I do?**

- a. Play more practice matches
- b. Put stipulations on your serve when you are doing this
- c. Put pressure on your serve in practice too (examples in podcast)

**Mark: “ How can I make my groundstrokes more consistent?”**

- a. Lengthen your hitting zone
- b. Slow things down
- c. Adjust backswing (but not your finish)
- d. Hit with more spin
- e. Hit crosscourt
- f. Develop your spin
- g. Hitting drill under pressure in practice

**Thanks for listening! Please subscribe to our podcast by going to our site!**