



Summer 2014

Tennis Plus

(See Below)

Already Heard? Go to www.grandtraversetennis.com and click on the "Sports Academy" tab to register online or download a brochure

Did you know that the window of agility, balance and coordination closes at around the age of 10-12?

Well one of the best ways to gain these valuable skills is by playing all of the sports at the Grand Traverse Team Tennis and Sports Academy at **TC WEST** this summer!

Tennis everyday from 8:30-10:00 AM, a quick snack and then play another sport led by Traverse City's experts in each individual sport from 10:30 - 12 Noon (for 2 weeks)

- **Baseball** (Doug Mirabelli, Red Sox World Series Catcher)
- **Basketball** (TC West Coaching Staff)
- **Soccer** (TBAYS Coaching Staff)
- **Lacrosse** (YMCA Coaching Staff)
- **Gymnastics** (Water's Edge Gymnastics)
- **Tae Kwon Do** (Master Kevin Shoults of Seung Ni)
- **Volleyball** (TC West Coaching Staff).

Students can also sign up for **Tennis Only** as well if they choose to do so.

Middle School and High School Programs led by two-time Michigan tennis pro of the year, Chris Michalowski, USPTA (Coach Mick)

Four Sessions to Choose From!

(To see it in action, go to www.grandtraversetennis.com and click on the "SPORTS ACADEMY" tab)

The Team Tennis and Sports Academy offers the ultimate multi-sports experience for kid's 10 and under. There are four, two-week sessions to choose from. Sessions run from 7:30 a.m. or 8:30 a.m. to noon each day. Learn tennis with our popular "QuickStart" format that features shorter courts, lower nets, slower balls and shorter racquets... all designed to get kids hitting and playing-out points right away! Take a snack break, complete the "Fit Kids" curriculum and then try out a different sport each day with one of Traverse City's finest coaches including:

Sign up for tennis only or one of our Middle School or High School Classes instructed by tennis professional, Chris Michalowski, USPTA. Use our brochure or go to www.grandtraversetennis.com, click on the "SPORTS ACADEMY" tab and sign up online.

Save \$10 if signed up by May 15, 2014